

# **COG NET MEETING MINUETS**

**July 15, 2008**

**Grandma's Sports Garden/Duluth**

- I. **Present: Scott Nyegaard-NMJC, Joyce Griffiths-CMCC, Richard Tieden-Hennepin, Corey Mabis-Washington, Steve Bennett-NERCC, Donell Smith-NERCC, James Reinke-NERCC, Tom Fossand-NERCC, Katy O'Sullivan-NERCC, Julie Trisko-Hennepin, Kelly Higgins-Ramsey**
  
- II. **Training Announcements and Requests: A lot of discussion surrounded Motivational interviewing, and the standards for this training. It appears that there are several levels and different expectations of training, with some hybrid types being offered throughout the state. Unfortunately, there appears to be a lack of trainers.**  
  
**There continues to be several T4C trainings and need for training going on in the state. Bemidji, Dakota Co., and Hennepin Co. had or will be having T4C trainings. Also, @ the work house in Plymouth, a cog 101 training for staff is being offered.**
  
- III. **Training Component: NERCC- cog based groups and mental health issues: The training discussed the role of MI and cog based programs. NERCC is providing a unique blend of cog and medical issues which focus on mental health symptoms and how to cope with them. The resources being used are from Dr. Christine Padesky's work, and contact about these resources can be acquired through Katy O'Sullivan at NERCC.**
  
- IV. **Roundtable/Think Tank**
  - a. **Quality Assurance: Crow Wing Co. has resources that they are implementing to ensure QA. They have been using these tools and will volunteer information and findings in a future meeting.**
  
  - b. **T4C sub-committee reports**
    1. **Newsletter update: time ran short and there was no new information presented in this area.**
  
  - c. **Cog Policy recommendations: time ran short and there was no new information presented in this area.**
  
- V. **Next Meeting: October 7, D.O.C., St. Paul**