

**COG NET MEETING MINUTES**  
**April 12, 2007      11:00 a.m. to 2:00 p.m.**  
**Ramsey County Community Corrections**

- I. **Welcome! Introductions and Updates, Training Requests-** Approximately 20 members of the CogNet were present at the meeting from DOC agencies, County Probation, Community Corrections, and Federal Probation. Attendees introduced themselves and talked about endeavors related to Cog in their respective areas. TJ Nelson (Dakota) announced that she will be facilitating a T4C training for federal probation staff, along with some Dakota participants.
  
- II. Sub Committee Reports:
  - a. **Develop guidelines for measuring the effectiveness of Cognitive Behavioral Intervention-** It was reiterated, as in prior meetings, that a database and guidelines form have been created and can be used by those interested in evaluating their cog programs. There was also some discussion about outcome evaluations being completed around the state, with an emphasis on the point that agencies would do well to focus more on this area and share results.
  - b. **Marketing committee-** The committee generated an idea to compose a periodic newsletter regarding network activities and cog activities around the state. It was agreed that this could be one of the goals for 2007-2008
  - c. **Compile documentation of research information regarding Cognitive Skills programming-** Subcommittee has not met regarding this topic
  - d. **Cog 101 Overview-** See training section below for specifics on Cog 101. Eric Johnson reported that the final video clip (Problem Solving) needed for the Cog 101 slide show did not turn out very well, according to Sue EckMaahs. A new video clip will be recorded as soon as can be arranged.
  
- III. **Training Component-** The group, facilitated by Julie Jordan, ran through the Cog 101 slide show and suggested changes that could be made to it. Most of the changes were minor, but slides may be added or deleted as part of the discussion. Overall, the content of the slide show will not be much different.
  
- IV. **Group Photo-** As per a request by the marketing committee, a photo of the CogNet attendees was taken. All attendees smiled with teeth.

- V. **Goals 2007-2008-** Goals discussed were as follows:
- a. Complete first periodic newsletter to be distributed to stakeholders
  - b. Complete at least 2 curricula training events within the next year
  - c. Continue the enhancement of evaluation tools as they relate to measuring outcomes of specific cog programs
  - d. Complete the Cog 101 power point training (with lesson plans)

VI. Discussion: Ed Latessa presentation- Hennepin County – There was extensive discussion regarding the presentation by Dr. Latessa. The discussion focused on dosage of cog programming and programming in general as it relates to positive outcomes, and wilderness endeavors programs (brought up as a concern about Dr. Latessa's comments about the ineffectiveness of these types of programs). Regarding dosage, an issue will continue to come up about the length of cog curricula (e.g. T4C, only 22 sessions). It was agreed that the issue is valid and will continue to be discussed. Regarding Dr. Latessa's comments on wilderness programs (e.g. Thistledeew), it was generally agreed that his comments were based on an assumption that "camping out" and related activities were the only activities juvenile residents perform while in the program.

**Next Meeting Dates: Friday, July 20<sup>th</sup> (note Friday meeting because we love to enjoy Duluth in July on a weekend)**

**11 a.m. to 2 p.m.**

**Site: Duluth/ John Kuukari**

**Agenda Items to: Len Anderson**

**Thursday, October 18, 2007**

**11 a.m. to 2 p.m.**

**Site: Hennepin/ Carol Engel**

**Agenda Items to: Len Anderson**