



**January 12, 2005 in St Paul, MN
Meeting Minutes**

Present: Corey Mabis, Hal Palmer, Sue Stacey, Russ Stricker, Mark Gangl, Rick Rudd, Bruce Clendenen, Swantje Willers, Sue Eckmaahs, John Klavins, Chris Bray, Eric Johnson, Michael Guevara, and Julie Jordan.

Thank you to DOC for hosting the meeting!

Sharing Information:

Due to inquiries from outside agencies, members discussed what information the Network is willing to share with other agencies. The group agreed that the main reason this sharing information is the main reason this Network was formed. The group agreed that if inquiries are made we can share information accumulated by the Cog Network.

The discussion naturally lead to putting additional information of the MN Cog Network website. Sue Stacey asked that the Cog brochure be sent to the Webmaster to be put on the web page. The group also agreed to put a number of cog programs that are being facilitated in Minnesota and a contact person for each program.

Cog 101 Training:

A subcommittee was formed at the last Cog Net meeting in November 2004 to examine the information Michael Guevara had in regards to the Cog 101 training. John Klavins, Michael Guevara, Sue Eckmaahs, Eric Johnson and Corey Mabis spent hours refining the Cog 101 power point presentation. John Klavins presented the 30-slide power point presentation to the group and he received valuable feedback concerning changes that would be needed. The subcommittee plans to meet one more time to make adjustments to the presentation from the feedback gathered by the members of the Network.

Michael Guevara also gave a handout with eight Performance Objectives for Cog 101. The group had some discussion and depending on the audience and the timeframe of the presentation, the objectives could be different for each presenter.

The goal is to have the Cog 101 power point presentation and performance objectives completed by the next MN Cog Net meeting. At that time, the group will determine what type of Foundation Skills training the trainers will be required to complete. Bruce Clendenen volunteered to inquire about the DOC helping the Network with the training.

2004 Goals:

The group discussed the five goals that were set for 2004.

1) Have Cog 101 training in place and usable by the end of 2004.

The group agreed that this is an ongoing goal and there has been a lot of work put towards this goal.

2) Create a standard of what Cognitive Skills programming is, without relying on the 'buzz' words.

A terminology booklet has been created and is available at all the Cog Net meetings and available on the MN Cog Website.

3) Focus on training as part of our regular meetings.

All the hosting agencies provided training in 2004, concerning a program their agency is offering to high-risk offenders.

4) Gather all charts, papers, information that has been developed in the last several years, and have the Informational Specialist hold this information so that it doesn't get lost.

As the Network gathers additional information, it is being accumulated by Corey Mabis and kept in a very safe place.

5) Update the Cog Net website.

The website has the new logo, it has updated contact names and meeting minutes. It is a great improvement from years past.

2005 Goals:

- 1) **Finalize Cog 101.**
- 2) **Offer training at all of the Cog Net meetings.**
- 3) **Serve as a Cog resource for the Evidence Based Policy team.**
- 4) **Develop guidelines for measuring the effectiveness for Cognitive Behavioral Intervention.**
(subcommittee: Corey Mabis and Rick Rudd)
- 5) **Compile documentation of research information regarding Cog.**
(subcommittee: Sue Eckmaahs and Rick Rudd)
- 6) **Update the program guide.**

Upcoming Training:

February 17, 2005 at MCCA- Cog 101 Presentation
Presented by Sue Eckmaahs and Eric Johnson.

February 23, 2005 at Sentence To Service Crewleader Training- Cog 101 relating to STS
Presented by Corey Mabis

Volunteer Presenters:

The Minnesota Association of Jail Programs and Services Spring Conference is looking for two presenters from the MN Cog Network. The conference is 04/13/2005 and 04/14/2005 (a.m.). Presenters will be supplied a room and meals for Tuesday night. On 04/14/2005, specific training for jail program staff is requested. If you are interested please contact Jennifer Pfeifer. Jennifer.Pfeifer@co.steele.mn.us.

Thank you:

The Cog Network would like to thank Chris Bray for attending our meeting. Unfortunately, we did not have ample time to hear Chris' presentation on Aggression Replacement Training (ART). Hopefully we will see Chris' presentation at a meeting in 2005.

2005 Meetings Dates and Locations:

April 20th at Carver County (11 a.m. to 2 p.m.)

Contact is John Klavins - jklavins@co.carver.mn.us

July 29th at St Louis County (11a.m. to 2 p.m.)

Contact is TBA

January 18, 2006 at Hennepin County (11 a.m. to 2 p.m.)

Contact is Russ Stricker – russ.stricker@co.hennepin.mn.us

Next Meeting:

April 20th at Carver County from 11am to 2pm. Please bring your lunch. Should you have any questions, need directions, or require additional information, feel free to contact John Klavins at jklavins@co.carver.mn.us or by calling (952)361-1467.