

MINNESOTA COGNITIVE NETWORK

Meeting Notes

October 7, 2008
DOC

I. Welcome! Introductions and updates:

Present: Corey Mabis, Swantje Willers, Eric Johnson, Hal Palmer, T.J. Nelson, Julie Trisko, Diane Levendusky, Molly Bruner, Joyce Griffiths, Lori Maddox, Karen Determan, John Klavins, Evonn Westcott, Roxanne Humenik, and Katy O'Sullivan.

II. Training Announcements and Requests:

- Evidence Based Specialists, LLC is offering an ASUD-S/Driving With Care Facilitator Training January 20 – 22, 2009. Call 612-216-5376 for more information!
- MACPO is sponsoring an EBP booster training in LSI-R/YLS/T4C and ECM on October 9, 2008.
- Roxanne Humenik, Ramsey Co., continues to work with NIC for funding for a "Moving On" training. Lots going on in in this area in Iowa.
- John Klavins updated the group about the EBP team, consisting of members from all 3 delivery systems. A copy of the EBP grid was distributed. The grid is also located on the DOC web site. An initial goal to coordinate statewide trainings was too large with too many barriers so the group began to rely on networks, such as the Cog Net, to assist. Any changes to the grid should be directed to EBP Klavins by 11/14/08. The EBP group will meet again December 2, 2008.
- Jason Anderson, DOC, is currently working on QA for LSI-R's.

III. Training Component:

Julie Trisko presented the final version of Cog 101. The original power point was developed by Julie, Corey Mabis, Sue Eck Maahs, John Klavins and M. Gevara with the Colorado Judicial Branch. Julie developed a detailed lesson plan to go along with the power point which was distributed to all. The first 20 pages of the lesson plan describe what cog is. The remaining pages focuses on the implementation of cogs. The training could be 2 hours (bare bones) to 2 days, if thinking reports, etc. are added. Julie plans to propose the lesson plan and power point to NIC. Discussion for implementation and disclaimer.

Julie is also in the process of developing a similar format for LSI-R 101.

IV. Review 2006 – 2008 Goals:

Cog 101: Goal Met

- Many thanks to Julie Trisko for writing CogNet Cog 101 curriculum and updating the slides!!

Database/Outcomes: Goal Met

- The MN Cog Network has created a database that we encourage other agencies to utilize when tracking program outcomes. For the past year, there have been a couple of agencies accumulating data with the goal of one day sharing and comparing data to determine the most effective cognitive programs. This is a great tool and is in accordance with Evidence Based Practices.

The program is very user friendly and can be sent to you free of charge, by contacting Corey Mabis at Washington County Community Corrections corey.mabis@co.washington.mn.us or 651-430-4118.

Marketing and Training Plan: 2 Goals Met; 1 Goal Not Met

- **E-Newsletter** – Corey, TJ and Julie, created the e-NEWSLETTER instead of the original goal of a Letter to Stakeholders, completed 2007. Karen Determan with Evonn Westcott's assistance will work on the next newsletter.
- **Info. Booths** – A booth was available at the Ed LaTessa presentation in Hennepin County in January, 2007. We did not meet our goal to have a booth at the MCA conference. If anyone is attending a conference, contact TJ or Scott for brochures.

Quality Assurance and Policy: Ongoing

- The Policy Goal Committee met and the policy will be ready for review at the January 2009 meeting. Organizations will be able to use this policy as a guide.

V. Election of New Officers:

- Information Co-Chair: Eric Johnson agreed to remain as the Information Co-Chair. Eric will forward any "research" articles to the webmaster to be included in our web page. Evonn Westcott will assist and submit the minutes.
- Co-Chair: TJ Nelson's term (2006-2008) is up. Scott Nyegaard has one year remaining. Joyce Griffiths was elected and accepted the position as Co-Chair. Thank You TJ and Joyce!

VI. 2009 Meeting Calendar:

January 13, 2009
April 14, 2009
July 14, 2009
October 6, 2009

Ramsey County (group photo)
Brown County, New Ulm
Dakota County
Duluth