

# MINNESOTA COGNITIVE NETWORK

## Meeting Notes

January 12, 2010

Dakota County

### **I. Welcome! Introductions and Updates:**

**Present:** Corey Mabis, Eric Johnson, Katy O’Sullivan, Jason Anderson, Frank Barr, TJ Nelson and Evonn Westcott

Jason Anderson provided an update from DOC. A group is looking at cog fidelity, what do we want our clients to gain from cogs, and what chapters in T4C are getting combined and why. An open forum for DOC is scheduled in two weeks.

TJ Nelson reported Dakota County is looking closely at quality assurance. TJ will be assigned to evaluate cog groups, competency, adherence, etc.

### **II. Training Announcements and Requests:**

Ramsey County completed a T4C training in December. Dakota County is researching cost for the possibility of providing a “Moving On” training.

### **III. Think Tank:**

Frank Barr with Lino Lakes (Behavioral Health) requested feedback regarding his role as a prison psychologist in Cog Net. He was initially declined approval to participate in Cog Net as it was not seen as a part of his work with clients. Frank is currently using vacation time to attend Cog Net meetings. Discussion continued about the need for staff “buy in” to EBP. Emphasis on field and facilities working together. Especially if clients have experienced cog in prisons and ability to follow through in the community upon their release.

### **IV. Goals:**

Corey Mabis provided a break out session training at MCA on Driving With Care. The training went well and our goal to educate professionals was met! Discussion continued about DPS’ proposal to require DWC for certain offenders.

Future Cog Net goals were discussed. The T4C cog “rewrite” is not available.

- Program Adherence – subcommittee
- Complete the cog policy recommendations template
- Support female cog training
- Additional use of the website for training updates

TJ provided an update on the Cog policy recommendations. The training section is not complete as a copy of the RESEARCH on cog training/conducted/EBP can not be located. TJ is looking for the research article.

**V. Next Cog Net Meeting:**

**APRIL 21, 2010 12:00 p.m. – 1:30 p.m.**

Stearns County Service Center

3301 County Road 128

Waite Park, MN 56387

[http://www.maccac.org/Offender\\_Programs/MN\\_Cog\\_Net/MN\\_Cog\\_Behavior\\_Net.htm](http://www.maccac.org/Offender_Programs/MN_Cog_Net/MN_Cog_Behavior_Net.htm)

*Pls. Note: MACCAC has changed the look of their website. CogNet is now located under "Offender Programs".*