

MINNESOTA COGNITIVE NETWORK

Meeting Notes

April 21, 2010

Stearns County

I. CogNet Training Component:

Sue Stacey of the Department of Corrections presented the Minnesota Cognitive Network's training program *Cognitive-Behavioral Interventions Overview*, known informally as *Cog 101*. The PowerPoint presentation will be available as on-line training for DOC employees. CogNet members present voted in support of the computerized training.

II. Present for CogNet Meeting: Brook Eckhoff, Jessica Pelzel, Frank Barr, Joyce Griffiths, T. J. Nelson, Swantje Willers, Stacy Hughes, Evonn Westcott, Katy O'Sullivan

III. Think Tank:

TJ Nelson asked for assistance in identifying references that specify guidelines for trainers of cognitive-behavioral programs. This information will be added to the Cog policy recommendations.

TJ Nelson, trainer for *Driving With Care*, provided clarification regarding the *DWC* program, including identifying program levels and discussing group facilitation questions.

IV. Training Announcements:

Driving With Care levels I, II, and Therapy will be offered in Bloomington on June 16 and 17. Cost: \$450 per participant. Additional information available at info@evidencebasedspecialists.com.

V. Next Cog Net Meeting:

JULY 13, 2010 - 12:30-1:30pm

St. Louis County Government Services Building – Rooms 608-609

320 West 2nd Street

Duluth, MN 55802

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