

Cog Net Meeting Minutes October 19, 2005

The Cog net meeting was held in Hennepin County, Minnesota with Julie Jordan and Russ Stricker presiding.

I. Present:

Len Anderson, Scott Nygaard, Eric Johnson, Corey Mabis, Michael Guevara, Jarod Hoy, John Kuukari, Steven Peer, Anna Hewitt, Marie Capra, Katy O'Sullivan and Bruce Clendenen.

II. Evidence-based Practice:

The group has not met recently so no updates to report.

III. Subcommittee Reports:

- a. **Developing guidelines for measuring the effectiveness of Cognitive Behavioral Intervention:** Jarod Hoy presented a Microsoft access form that will address some of the outcomes measures the committee would like to address. The form is still being revised and Rick Rudd, Corey Mabis and Jarod will have to meet again to revise the form and standardize the information. The problem with the form is that if an agency doesn't have Microsoft Access they will not be able to use the form.
- b. **Compiling documentation of research information regarding Cognitive Skills programming.:** Rick Rudd, Sue EckMaahs and Jarod Hoy met recently and are in the process of having a form that classifies articles. Currently they have approximately 15 headings and 4-5 articles under each heading for individuals to view. The goal is to put this form on the MN Cog Network websites with links to these scholarly journals.
- c. **Cog 101 curriculum and Lesson plan development:** The group has not met since that last meeting but plan on refocusing on this task in the near future.

IV. Training Poll Results:

Julie Jordan gave a list of training ideas that the group wanted to hear about in future Cog Net meetings.

- a. Dialectical Behavior Therapy
- b. Change
- c. EMI
- d. Victim Empathy
- e. Facilitation Skills

V. Elections for new Chairs and Informational Specialist:

The group decided that it would be a smoother transition if we elected one chair and one informational specialist, instead of replacing all four positions this year. Julie Jordan (Chair) and Swantje Willers (Informational Specialist) volunteered to stay on for one more year.

Russ Stricker (Chair) and Corey Mabis (Informational Specialist) are being replaced by Len Anderson, the new Chair from N.E.R.C.C. and Eric Johnson as the new Informational Specialist from Carver County.

VI. Cog Net Meetings in 2006

All meetings will have a training component and will be held from 11 a.m.- 2 p.m.

Dates:

January 24

April 25

July 28

October 26

Location:

Carver County

Washington County

Duluth (ARC)

DOC-St Paul

Contact:

Eric Johnson

Corey Mabis

John Kuukari

Bruce Clendenen

HOPE TO SEE YOU AT THE NEXT COG NETWORK MEETING