

Cog Net Meeting Minutes July 28, 2006

Cog Net meeting was held in Duluth, MN with Julie Jordan presiding. Many thanks to ARC for hosting the meeting and treating us to a delicious lunch!

I. Present:

Julie Jordan- Ramsey County; Corey Mabis- Washington County; TJ Nelson- Dakota County; Brian Phieffer - Dakota County; John Klavins- Carver County; John Kuukari- ARC Duluth; Dave Hegg- MCF-Thistledeew; Morgan McKinnon-ARC/NERCC, Duluth; Tom Fossum-ARC/NERCC; Jared Hoy- ARC, Duluth; Katy OSullivan- NERCC; Swantje Willers- Marshall DOC; Mike Nash- ARC, Duluth; Sally Ruvelson- Ramsey County.

Ramsey County will begin meeting monthly with Driving with Care facilitators to begin program sharing.

II. Evidence-Based Practice (EBP) Policy Team Update:

John Klavins presented an explanation and update regarding the EBP team. There is interest on a statewide level to provide evidence-based practice training statewide. Information and concerns presented here will be brought back to the EBP team by John and Swantje.

III. Statewide Training Collaborative Effort:

Sally Ruvelson presented information regarding the corrections Training Collaborative – Probation Officer Academy and Evidence Based Practices Curriculum. In June 2006, the MACCAC Board of Directors voted to participate in the development of a state-wide collaborative EBP training program. The Training Collaborative identified a number of issues regarding participation in this collaborative effort, including trainers, cost, resources, and core trainings. This group is interested in sustaining current training efforts, Ms. Ruvelson requested input by this group into when and in what order the trainings should occur.

Julie said she would like Cog Net and ORAN to develop curriculum where there is none. Please let Julie know about good, quality trainers.

III. Subcommittee Reports:

- a. **Goal A: Cog 101 Curriculum and Lesson Plan development:** Julie brought copies of the Cog 101 power point overview for distribution. Video clips have been included which highlight a thinking report and 10 steps to problem solving. Our goal was to include as much information into the curriculum so the presenters could then tailor it to the needs of the group and/or time constraints. Harvey Milkman has seen this curriculum and indicated it was great but suggested we include more information regarding the research.

The powerpoint is available for distribution. However, to ensure quality control, a group of masters trainers will be identified who will then provide training to interested trainers. In addition to being trained by a master trainer, potential trainers will also be required to have completed a Foundation Skills training. If interested, please contact Eric Johnson by e-mail ejohnson@co.carver.mn.us.

b. **Goal B: Develop guidelines for measuring the effectiveness of Cognitive Behavioral Intervention:**

Jared Hoy provided an update regarding the data base that tracks recidivism, demographics, offense, etc for offenders who have participated in a cog program. Corey continues to do the beta testing and it's now ready for others to use it. Other counties/agencies that are interested in using the data base system can contact Jared for more information. He can be reached at joyj@co.st-louis.mn.us. The Cog Net is interested in collecting information and for jurisdictions who request the use of this data base, they will be required to provide non-identifying data information back to Jared and the CogNet.

This data base was developed by members of the CogNet.

c. **Goal C: Compile documentation of research information regarding Cognitive Skills programming:**

Sue Stacey called to say her stepson has an interest in getting research articles from the U of M research system.

IV. Training Component:

Morgan McKinnon, Shift Coordinator and CPI Associate Instructor at NERCC provided an overview of the CPI Crisis Development Model. All staff at NERCC will be trained in CPI within a year.

V. Other:

- **Nominating Committee-** Julie wants to develop a nominating committee. Julie, Co-Chair, and Swantje, Information Chair, will be done after the next meeting. Anyone interested in being a Chair or Information Chair is asked to contact Julie Jordan.
- **Training Requests-** Julie has had several requests for Moving On training. However, we don't have a certified Moving On Trainer.
- **Mike Nash is asking about more LSI-R trained trainers.** There is only one certified trained trainer currently and that is David Swanson. Sue Eckmaahs is working on the certification at this time. The certification process is costly (\$800) and involves sending Bonta a video-taped LSI-R interview and outline, passing a graduate level exam, and co-facilitate a LSI-R training with Bonta.
- **Resource Directory:** would someone be willing to update? The current one is out of date. How do we keep this updated? Corey did the last one (and did a tremendous job) and but it does need to be updated. It is on our website. Eric Johnson was nominated to be the one to send an e-mail with a form requesting updated information. Julie and Swantje are to explore who (support staff) to receive and compile the information.

- Do we need to update the brochure? Talk to Sue Stacey about updating after the next meeting when we elect new chairs.

Adjourned at 1:30pm.